

PIVOT POWER SKATING SUMMER CAMPS

Leduc Recreation Centre



PIVOT POWER SKATING
speed • balance • power

JULY 18-20 25-27

U13 - U15 (2011-2008) ADVANCED EDGEWORK

**MON - WED
5:45 - 6:45PM**

Hockey players will learn the correct technique on Forward and Backward Edge Work, Transitional Turns along with Hockey Punch/Jam Turns. This is not a conditioning camp but skaters will be continuously moving. The focus of this camp is for players to understand their edges and gain more confidence with their transitional turning and changes of direction in games situations. This is an Advanced Turning/Edge Work Camp.

CAMP 1 - \$105 (\$200 for both)

MONDAY

JULY 18

5:45 - 6:45

TUESDAY

JULY 19

5:45 - 6:45

WEDNESDAY

JULY 20

5:45 - 6:45

CAMP 2 - \$105 (\$200 for both)

MONDAY

JULY 25

5:45 - 6:45

TUESDAY

JULY 26

5:45 - 6:45

WEDNESDAY

JULY 27

5:45 - 6:45

Get an
EDGE UP
in hockey